Sexual harassment is a form of sex discrimination and it violates the law when it occurs in the workplace or in school.

**HOW TO RECOGNIZE IT**

A complete definition of sexual harassment is available from the New Hampshire Commission for Human Rights. Briefly, sexual harassment is when someone makes you think you'll lose your job or get into trouble at work or at school if you don't give in to sexual advances or put up with sexual remarks and action. Continual or repeated sexual remarks, jokes or gestures that frighten you or interfere with your work may also be illegal sexual harassment, if you complain to management or administration and nothing is done.

Examples of conduct which may, if continued or repeated, constitute sexual harassment:

- unwelcome sexual propositions
- graphic comments about the victim's body
- sexually degrading words used to describe the victim
- derogatory or sexually explicit statements about the victim's actual or supposed sexual relationships
- touching, patting, or pinching
- sexually explicit gestures

**WHERE TO GO FOR HELP** - See Policy Book GBAA and GBAA-E

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