BEST BUDDIES NH IS COMING TO **SALEM HIGH SCHOOL**

**WHAT IS BEST BUDDIES?**

Best Buddies is a global volunteer movement that creates opportunities for one-to-one friendships and leadership development for people with and without intellectual and developmental disabilities (IDD). **SALEM HIGH SCHOOL** is among 15 schools throughout New Hampshire starting a SCHOOL FRIENDSHIP CHAPTER!

**WHO CAN JOIN BEST BUDDIES?**

**ANYONE** who attends **SALEM HIGH SCHOOL**!

**HOW DO I PARTICIPATE?**

Students who wish to be paired in a 1:1 Friendship & Attend Group Activities:

- **Buddy** – a volunteer with an IDD from a school chapter who is paired in a one-to-one friendship with a person without an IDD at their own school.
- **Peer buddy** – a volunteer without an IDD from a school chapter who is paired in a one-to-one friendship with a person with an IDD at their own school.

*Not all those who wish to be placed in a 1:1 friendship will be matched. Limited numbers of matches happen each year.*

Students who wish to join for group activities and whole school events:

- **Associate member** – a volunteer who is an important chapter member; who is not matched in a one-to-one friendship; but who attend chapter meetings, group outings, helps with fundraising, etc... Associate Members roles are as varied as the members themselves. These members help shape the culture of their Best Buddies chapter at their school and in their community. Associate Members should feel empowered through small group and individual volunteer opportunities to help make a difference in their own lives as well as the lives of others.

**HOW DO I JOIN BEST BUDDIES **SALEM HIGH SCHOOL**?**

Fill out a Membership Application at [www.bestbuddiesonline.org](http://www.bestbuddiesonline.org): Click on HIGH SCHOOLS, then click on **SALEM HIGH SCHOOL**. State if you would like to be paired in a 1:1 Friendship with another student or become an Associate Member.

Remember, any way you join...the BEST BUDDIES FUN & FRIENDSHIP happens all year! ALL ARE WELCOME!

**CONTACT:** [KATIE COURTOIS, CHAPTER PRESIDENT](mailto:katie.courtois@bestbuddies.org)

**BEST BUDDIES CHAPTER ADVISORS:** JEN BRYANT & SHERRYL RIPEL

**VISIT** [www.bestbuddies.org](http://www.bestbuddies.org) **FOR MORE INFORMATION ABOUT BEST BUDDIES INTERNATIONAL AND TO LEARN MORE ABOUT OUR e-BUDDIES, our online pen-pal program.**

**VISIT BEST BUDDIES NEW HAMPSHIRE ON FACEBOOK!**