Dear Parent:

Your son/daughter is interested in participating in the athletic program at Salem High School. Hopefully, he/she will have an enjoyable and worthwhile experience. We believe that it is important for not only the athletes but also the parents to realize that there is a potential for injury. We strive to meet reasonable safety standards in every school activity. However, we remind you that participating in any sport has some risk of harm involved in the normal course of play.

The possibility of an athlete suffering an injury including but not limited to strains, sprains, cuts, bruises, fractures, dislocations, cartilage and ligament damage, spinal and cranial injuries does exist. There also exists the danger of temporary or permanent loss of motor function to the body parts or perhaps even a fatal injury. Attached is a description that shows specific potential injuries common to the sport your son/daughter is interested in participating in.

It is not the intent to cause undue alarm, but the potential of minor to serious injury does exist because of participating in the interscholastic athletic program. The desire is to be certain that you are aware that such dangers do exist and that you choose to allow your son or daughter to participate knowing these dangers.

In order for your son/daughter to participate in the athletic program at Salem High School, you must sign an agreement that gives your consent for your son/daughter to participate, and acknowledge that you have been warned that there are risks of injury involved. Your signature indicates that you have attended a meeting where the dangers of sports injuries, eligibility requirements and the practices of the school trainer were explained. You must understand the school cannot ensure safety for students. The school’s obligation is to take reasonable precautions for safety. Accidents do occur, especially when participating in sports. In addition your child also has a responsibility for his/her safety and the safety of others. This agreement does not preclude your son/daughter from making a claim against the school or its employees if there has been a failure to meet reasonable standard of care that results in physical harm to your son/daughter, and the district is proven negligent.

If you have any questions about the activity in which your son/daughter wants to participate in, or about the attached agreement that is to be signed and returned, please contact me at 893-7089, so you can make an informed decision. Please sign and return the attached consent form if you agree that your child may participate.

Sincerely,

Scott Insinga
Director of Athletics

(Student’s Name)  (Parent’s Signature)  (Date)
ACKNOWLEDGEMENT OF WARNING AND CONSENT AGREEMENT

I/We, ___________________________________ am/are the parent(s) or guardian(s) of
_______________________________, a minor, who desires to participate in the athletic program
_______________________________. (parents/guardian)

_______________________________. (son/daughter)
at Salem High School.

I/We acknowledge that I/We have been informed as to the nature of the sport and that this sport has risk of injury associated for those who choose to participate, including transportation from and to the school campus. Although the school staff endeavor to provide each participate with due care, the school cannot ensure that my/our child will remain free of injury.

I/We represent that my/our child is physically fit to participate in this sport and, when required, that he/she has been examined by a licensed physician who verifies that my/our child is physically fit to participate in interscholastic athletics. The school district will rely on this representation.

I/We understand the school cannot ensure safety for children and that the school’s obligation is to take reasonable precautions for safety. Our child also has the responsibility for his/her safety and the safety of others.

I/We acknowledge that I/We must provide the athletic staff with any medical or other information which I/We feel is important for the school to know about our son/daughter. This information must be kept confidential. I/We will provide medical and any other information on our child prior to the start of the season. The school district will rely on me/us to provide this additional information.

I/We acknowledge my/our child must adhere to all the rules, regulations, and instructions pertaining to the safety and protection of the participants, and that failure to comply could exclude my/our child from participating in this sport.

I/We acknowledge and understand the risk and requirements for our child to participate in the interscholastic athletic program. I/We consent to my/our child’s participation in this program.

Parent or Legal Guardian ___________________________________

(Signature)

Address:______________________________________________

______________________________________________

Home Telephone: ______________________________
The following is a list of sports and the common types of injuries associated with each sport.

- Football – strains, sprains, contusions, breaks, concussions, dehydration, more serious injuries, to death.
- Basketball – strains, sprains, contusions, abrasions, concussions, blisters, cramping, more serious injuries, to death.
- Baseball/Softball – strains, sprains, contusions, fractures, punctures, broken teeth, facial lacerations, more serious injuries, to death.
- Soccer/Field Hockey – strains, sprains, concussions, fractures, eye damage, broken teeth, more serious injuries, to death.
- Track & Field/Cross-Country – strains, sprains, contusions, abrasions, shin splints, blisters, cramping, knee and ankle problems, more serious injuries, to death.
- Golf – strains, sprains, back injuries, more serious injuries, to death.
- Volleyball – strains, sprains, contusions, abrasions, fractures, more serious injuries, to death.
- Tennis – contusions, abrasions, blisters, strains, sprains, dehydration, eye injuries, elbow inflammation, heat exhaustion, more serious injuries, to death.
- Gymnastics – strains, sprains, concussions, fractures, more serious injuries, to death.
- Cheerleading – strains, sprains, concussions, fractures, more serious injuries, to death.
- Ice Hockey – strains, sprains, contusions, breaks, concussions, dehydration, more serious injuries, to death.
- Lacrosse – strains, sprains, contusions, breaks, concussions, dehydration, more serious injuries, to death.