The Full Value Contract

All students participating in any ABE activity, whether it’s in sixth, seventh or eighth grade, will need to agree to the Full Value Contract. What does this mean? To help you understand what this contract is and what it entails, we have included the following notes for you. Refer to them to help in your understanding or to use as a refresher for your child who might be anxious about attending school because they know it’s their “ABE day.”
Be Here

We want students to be present not only physically during our activities, but mentally as well. Students need to be aware of what is going on around them at all times to be able to participate appropriately and effectively.
Be Safe

When students are present, they are able to take care of themselves and others by keeping safety (both physical and emotional well-being) as their number one priority. We look for students to be mindful of what they say and do so there are no put downs or insults being said so that other students can enjoy the activity. Students are also acting in a safe way when they respect their surroundings, their limitations and personal boundaries and behave appropriately to ensure there is no bodily harm.
Honesty comes in many forms. Students are honest when they ask for clarification or let the instructor know when they have missed crucial instructions. Students are honest with themselves when they know something is outside of their abilities. Students are also honest when they do not cheat and they hold others accountable for not cheating either. There are a lot of expectations from instructors and even students for ABE activities to run smoothly. Like a chain, everyone depends on each other in order for the group to be successful in whatever challenge is presented as part of the ABE activity, and this includes being honest with one another.
Let Go and Move on addresses personal setbacks and focuses on allowing students to move forward in a positive and effective manner. For instance, a student may not be friends with everyone, but that doesn’t mean he or she can’t do their best to help others succeed; a student may have had their idea tossed out because it was not good, but he or she can still continue to share their ideas; and maybe a student is not dressed appropriately to participate completely in an ABE activity, but he or she can still look for other ways to help instead of sitting out. The idea is that when there is disappointment, we want students to “let go and move on” in order to participate fully, without abandon, in an activity.
Have Fun

With all of the ABE activities designed for students to participate in, students are able to challenge themselves appropriately. This means students are not forced to do anything they do not feel comfortable doing. Keeping in mind all the other components of the Full Value Contract, this one comes naturally. With the element of choice being embraced, students can choose how they will participate in any activity to avoid any stress or anxiety. Our goal is for students to feel a sense of accomplishment while participating in the activity and having fun.