Regular Meeting 

March 21, 2017
7:00 p.m.
SHS TV Studio

MINUTES

Present:
Mrs. Pamela Berry, Chairman
Mr. Bernard Campbell, Vice Chairman
Mr. Peter Morgan, Secretary
Mr. Michael Carney, Jr., Member
Dr. Patricia Corbett, Member

Also Present:
Dr. Michael Delahanty, Ed. D., Superintendent
Mrs. Maura Palmer, Assistant Superintendent
Mrs. Deborah Payne, Assistant Superintendent of Business Operations
Mrs. Diana Darnstaedt, Director of Finance

Mrs. Berry called the meeting to order at 7:00 p.m. followed by the pledge of allegiance.

MONTHLY PRESENTATION ON STUDENT ACHIEVEMENT - North Salem

Mrs. Palmer stated that North Salem Elementary School is talking about self-regulation strategies to help students. She then introduced Mrs. Wilkins, Principal of North Salem. Mrs. Wilkins stated that North Salem not only focuses on academics, but also on how to help students approach their learning by staying focused and alert, and understanding how their behavior affects others.

Mrs. Wilkins explained that self-regulation, impulse control and self-monitoring are important for students to learn. The goal is to empower students with knowledge on how to regulate behaviors in school, and to establish standards in the classroom with student input. She explained that like other skills, students are at different stages of demonstrating emotional control, so there are various strategies discussed to feel how their “engine” is running and what their mood is. She then introduced Mrs. Michelle Bedigian, school counselor and Mrs. Marisa Berlin, Occupational Therapist. Mrs. Bedigian and Mrs. Berlin discussed the new model of self-regulation called the Zones of Regulation. The goal of the program is to help students become more aware of feelings and how to categorize them. This empowers students with strategies of how to control their actions, recognize feelings and emotions, and how it affects learning.

A video was shown of a student practicing the Zones of Regulation and how feelings are categorized. The zones are named by color with feelings corresponding to each; the blue zone,
red, yellow, and green zones. The green zone is when students feel happy, calm, focused, and ready to learn. The students also learn how to regulate their feelings by using their senses. A second video, showing tools in the classroom that are available for students use to help identify or monitor their feelings. This could be a station to visit in the classroom, or the use of a manipulative, where they are shown options they have to remain or get back to the green zone. Mrs. Wilkins stated this is a school-wide effort and it validates all student’s feelings and emotions. She said the zones increase their awareness of their bodies. She thanked both Mrs. Bedigian and Mrs. Berlin, along with Mrs. Fitzimmons’ students who were in the video. She also thanked Scott Broadman for the recording of the videos.

Mrs. Corbett asked if this is used at every grade level, and how it is different based on age. Mrs. Wilkins responded that the Zones of Regulation are not used with kindergarteners, and that it builds from the first and second grade up to the higher grades. The activities are more controlled as they get older, and the activities are more freely offered for students to recognize their feelings.

Mr. Morgan asked if there is evidence that students can recognize where they’re at and go into their zone on their own. Mrs. Wilkins stated that some students can, but others cannot always access the right tools right away. The goal is to continually try to get them to that point.

Dr. Delahanty acknowledged that many staff members were present tonight and that prior, he didn’t really know about the Zones of Regulation and its scope, and what it can mean for the school environment. He thanked Mrs. Bedigian and Mrs. Berlin for introducing this program and for their hard work.

ADOPTION OF THE MINUTES

Approval of the minutes from the March 6, 2017 Regular Meeting
Motion by Mr. Morgan, seconded by Mrs. Corbett to adopt the minutes as circulated.
\[\text{Motion carried 4-0-1}\]
\[\text{Mr. Carney abstained.}\]

Vendor and payroll manifests were passed for signature.

CONSENT AGENDA

Resignations
Ellyn Burke, Family and Consumer Science Teacher at Woodbury Middle School, effective at end of school year.
Motion by Mr. Campbell, seconded by Mr. Carney to adopt the consent agenda as read.
\[\text{Motion carried 5-0}\]
Erin Duclos, 8th grade science teacher, effective at end of school year.
Motion by Mr. Carney, seconded by Mr. Campbell to accept the resignation of Erin Duclos
\[\text{Motion carried 5-0}\]
PLANNING SESSION

Elementary School Pilot Report Card
Dr. Delahanty stated that this initiative for a new report card has been in the works for quite some time. Mrs. Palmer stated that instructing and assessing students according to standards is currently going on across the district and the next report card will reflect the same. There is no letter grade on a standards-based report card. It is more about what the student’s strengths are and how they are progressing toward a grade level standard, and where there may need to be intervention. She explained that a standards-based report card is being piloted with several elementary students and teachers across the school district. Mrs. Palmer reviewed the fourth grade report card, going over the scoring for behaviors, learning expectations, and how the learning expectations progress. Mrs. Palmer said looking at the grade reporting at the middle school level will be next.

Dr. Delahanty commended everyone involved in this effort and recognized that this has been a long time coming. He stated it requires a different way of thinking but is consistent to what we hope to instill in our students.

OTHER
Mr. Campbell thanked the community for supporting the school’s warrant.

Adjournment
Motion by Mr. Campbell, seconded by to enter into a non-public session pursuant to RSA 91-A:3II(C).

Mr. Campbell yes
Mr. Morgan yes
Mr. Carney yes
Mrs. Corbett yes
Mrs. Berry yes

Motion carried 5-0

The board entered the non-public session at 8:10 p.m.

Motion by Mr. Carney, seconded by Mr. Campbell to adjourn.

The board adjourned at 8:50 p.m.


Lani R. Leland
Recording Secretary, Salem School Board
March 21, 2017