# Austin Grade 8- Curriculum

## Alcohol and Other Drugs

| Short-Term and Long-Term Benefits and Risks of Medicinal Drugs | 1.1 risks of dependence and addiction  
1.2 physical, social, and emotional effects of AOD use |
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| **Short-Term and Long-Term Effects of AOD Use** | 2.1 risks of dependence and addiction  
2.2 physical, social and emotional effects of AOD use  
2.3 signs and behaviors of AOD use  
2.4 effects of binge drinking  
2.5 effects of inhalant use  
2.6 effects of marijuana use  
2.8 relationship between AOD use and transportation injuries  
2.12 benefits of not using AOD |
| **Positive and Negative Influences on AOD Use** | 3.1 pressures to use  
3.2 internal influences  
3.3 family influences  
3.4 peer influences  
3.6 legal factors |
| **Healthful Choices about AOD Use** | 4.1 how to accept personal responsibility for choices about AOD use  
4.2 how to make a personal commitment not to use |
| **Communicating Healthful Choices about AOD use** | 5.1 effects and consequences of non-medicinal drug use  
5.2 how to get help  
5.3 how to deal with pressure to use  
5.4 how to encourage others not to use |